

# Honors Diploma

Name \_\_\_\_\_ Year of Graduation \_\_\_\_\_

## **Rigorous High School Experience**

*Diploma Emphasis:*    \_\_\_    STEM    (10 credits from all science, math, and technology offerings)

**(select one)**    \_\_\_    Arts    (5 credits from all the arts offerings)

\_\_\_    Languages    (4 credits from all foreign language offerings)

\_\_\_    Literature    (5 credits from all English offerings)

\_\_\_    Career Tech    (6 credits/2 years in the same program)

*Cumulative GPA at the end of senior year:* \_\_\_\_\_ (minimum required is 3.0)

*Total credits at the end of senior year:* \_\_\_\_\_ (minimum required is 27)

*Extra-Curricular Activities:*    completed full-season (or full-year) involvement in a minimum of 8 school activities over the course of 4 years that come from at least 3 different categories (athletics, music, drama, student government, science, or other clubs/activities). Complete attached form.

## **College/Career Preparation**

*College Level Coursework:*    take and pass at least 3 courses that are designated as Advanced Placement, Dual-enrollment, or college. Exception for Career Tech emphasis is take and pass 1 course that is designated as Advanced Placement, Dual-enrollment, or college. List below:

Course \_\_\_\_\_ Grade \_\_\_\_\_

Course \_\_\_\_\_ Grade \_\_\_\_\_

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*Career Exploration:*    complete a minimum of two job-shadow experiences. A job-shadow should last at least 2 hours. Submit one verification form for each job-shadow experience.

*Internship:*    complete a minimum of 40 hours in an unpaid internship (or combination of internships) and submit a verification form and evaluation form for each. Pre-approval required.

*Community Involvement:*    demonstrate significant involvement in a community activity that requires more than a one-time participation (minimum of 40 hours of involvement). Cannot be the same experience as used for the internship. Examples might be: playing in a community orchestra, volunteering at a hospital, scouting, big brother/big sister program, etc. Submit a verification form. Pre-approval required.

**\*\*\*This packet must be submitted for review by February 1<sup>st</sup> of the year of graduation.\*\*\***



## Career Exploration

Student Name \_\_\_\_\_ Date of Job-Shadow \_\_\_\_\_

Place/Organization/Business of Job Shadow \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Name of person shadowed \_\_\_\_\_

What are at least 3 things that you liked about the type of work you observed?

What is one thing that you might not like about the type of work you observed?

What skills/talents do you have that might make this a good job for you?

*Have the person you shadowed complete the following information:*

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How long did the student shadow you? \_\_\_\_\_

How are you related to the student? \_\_\_\_\_

Did the student represent themselves and Valley Lutheran High School well? \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

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Signature \_\_\_\_\_ Date \_\_\_\_\_

## Internship

Student Name \_\_\_\_\_ Beginning Date \_\_\_\_\_

Place/Organization/Business of Internship \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Name of person supervising \_\_\_\_\_

What types of activities will you be doing as part of the internship?

You must receive pre-approval from the Principal or Academic Dean before beginning internship.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Log your hours:

Date	# Hours	Supervisor Signature
<b>TOTAL # HOURS</b>		

## Internship Evaluation

Student Name \_\_\_\_\_

Supervisor – Please complete the following evaluation on your student intern at the completion of their internship. Rate the intern on a scale of 1 – 5 for each of the characteristics.

	<b>5 = Excellent</b>	<b>4 = Very Good</b>	<b>3 = Good</b>	<b>2 = Fair</b>	<b>1 = Poor</b>
Being cooperative					
Punctual					
Communication Skills					
Independence and initiative					
People skills					
Willingness to learn					
Responsible/ Trustworthy					
Creativity or Problem-solving skills					
Specific job skills					
Other? _____					

In what ways did the intern excel during their work with you?

What is something that the intern could improve upon?

How many total hours were accumulated?

Name (print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

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Address \_\_\_\_\_ Phone Number \_\_\_\_\_

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Signature \_\_\_\_\_ Date \_\_\_\_\_





## Community Involvement Reflection

Student Name \_\_\_\_\_

Where did you complete your community involvement?

What types of activities did you engage in as part of this project?

How did the community benefit from your involvement?

How did you benefit from your involvement?

Were there any challenges to being part of this activity?